# TWO-COUPLE DANCING IS A MULTI-USE TOOL <br> By Dottie Welch, for CALLERLAB INTEREST SESSION, Nashville, April 2012 

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Being able to move dancers smoothly through some two-couple choreography opens up a wide collection of potential applications. The first step in this process is to select calls from the program being danced that involve just two couples. Then create some choreography that uses only those calls.

The caller must always be aware of the usual body flow considerations because the four dancers will generally be moving within a smaller area than a square and nearly continuously. It is intense dancing and can be dizzying unless the caller ensures frequent changes in turning direction and returns them to home fairly frequently.

Here are several ways to make use of the ability to call for two-couples.

## 1) Two-Couple Dancing as a teaching tool for tricky calls

When teaching any call that requires only two-couples, one way to reduce confusion with the other half of the square is to eliminate its presence. When the dancers only have four people participating, they can focus on the execution of the call with minimal distractions. This is particularly useful for calls where dancers tend to turn away from their group of four such as Square Thru, Pass the Ocean, Dixie Style to a Wave, and Explode the Wave.

## 2) Two-Couple Dancing as a teaching tool for less than four couples.

It is possible to teach a large part of any CALLERLAB program using just two-couple choreography. This can be very useful if you have one or two couples eager to learn a new program but uncomfortable with interfering with club level dancing. Arrange a separate time to meet and teach them everything that can be learned with just two-couples.

## 3) Two-Couple Choreography as part of a larger formation

A useful variation of the two-couple concept is to arrange the dancers so that they can move from one group of two to another. One option is Sicilian Circles which are a big circle of couples facing couples arranged like spokes of a wheel. Ideally there should be at least eight couples to make a comfortably flowing circle.

## 4) Two-Couple Choreography made into a contra-like dance

With some preplanning the choreography can be arranged to meld with the music in 8 groups of 8 beats. Some examples for Sicilian Circles are shown on a separate page.

## 5) Two-Couple Choreography as part of Isolated Sight Calling

The simplest application of Isolated Sight Calling for a full square is to call Heads Square Thru Four and at that point take careful note of half the square - a partner pair at the sides facing their corners. Call some two-couple choreography ending with all four dancers back where they started. Then call Allemande Left, Grand Right and Left, Promenade home. This can be made more complex by applying the two-couple choreography at other times within known modules such as the Chicken Plucker.

## 6) Two-Couple Choreography as part of Rectangular Hexagons

The same principal used in Isolated Sight can be applied to Rectangular Hexagons. Call Heads Square Thru Four and use two-couple choreography until ready to resolve. Or call Sides Lead Right, Circle Six to a long line and use two-couple choreography from there ending with a get-out from zero lines.

# TWO COUPLE DANCING IDEAS ARRANGED IN TEACHING ORDER By Dottie Welch, for CALLERLAB INTEREST SESSION, Nashville, April 2012 

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Basic Part 1 Program

| Ladies Dosado, Gents Dosado, <br> Star Right, Star Left to home | Do the Heads Part of Grand Square |
| :--- | :--- |
| Circle Left Halfway, <br> Pass Thru, face Partner and Swing | Heads Star Thru, Opposite Dosado, <br> Star Thru, Forward and Back, <br> Right and Left Thru |
| Couple \#1 Split Two and Separate <br> around 1 to home, (same for Couple \#3) | Heads Right and Left Thru, Veer Left, <br> Veer Right, California Twirl |
| Couple \#3 Split Two and Separate <br> around 1 to a line, Go Forward and Back, <br> All U-Turn Back, Go Forward and Back, <br> Ends join hands to make a Circle of four, <br> Circle Left, Ladies Center, Men Sashay, <br> Allemande Left, Promenade | Assume Couple \#1 is in the center of the <br> square and Couple \#3 is on the outside. <br> Circle to a Line (should be facing caller), <br> Forward and Back, Bend the Line, <br> Right and Left Thru, <br> Circle Left 3/4 to home |
| Ladies Chain, Chain Back and Rollaway, <br> Pass Thru and U-Turn Back <br> Circle Left Halfway | Star Thru, Pass Thru, California Twirl, <br> Right and Left Thru and Rollaway, <br> Star Thru and California Twirl, Home |
| Face Partner for a Do Paso <br> (partner left, corner right, partner left) <br> and Roll Promenade | Heads Square Thru Four, <br> Face current partner and Star Thru, <br> Square Thru Two, California Twirl |
| Ladies Chain across, Veer Left, <br> Ladies Chain Down the Line, <br> Circle Left 3/4 to home | Heads [ Left ] Square Thru Three, <br> U Turn Back, Star Thru and California Twirl, <br> Opposite Dosado and Star Thru |
| Ladies Chain across, Veer Left, <br> Bend the Line, Forward and Back, <br> Circle Left Halfway, <br> Swing the one you're facing, Home | Heads Square Thru Two, Girls U-turn Back, <br> Box Circulate 2 times, Face in, [ at home ] <br> Square Thru Four, U-Turn Back <br> Star Thru and California Twirl |
| Heads Pass Thru, Girls U-Turn Back, <br> Box Circulate Two times, Boys U-Turn Back, <br> Pass Thru, All U-Turn Back, <br> Circle Left Halfway to home | Heads Right and Left Thru and Veer Left, <br> Ladies Chain Down the Line, <br> Square Thru Four, Courtesy Turn |
| Heads Right and Left Thru, Veer Left, <br> Ladies Chain Down the Line, <br> Veer Left, Ladies Chain Down the Line | Heads Right and Left Thru and turn 1/4 more, <br> Ladies Chain Down the Line, Veer Left, <br> Veer Right, California Twirl, Circle Left 1/4, <br> Square Thru Three and Face In, Home |

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| Basic Part 2 Program |
| :--- |
| Heads Pass Thru and Wheel Around, <br> Right and Left Thru to home Heads Pass Thru, Boys Run, <br> Box Circulate two times, Girls Run, <br> Box the Gnat, Right and Left Thru <br> Heads Veer Right, Wheel Around, <br> Ladies Chain Down the Line, Star Thru Heads Pass the Ocean, Swing Thru, <br> Boys Run, Ladies Chain Down the Line <br> Heads Forward and Back, Ladies Rollaway, <br> Box the Gnat, Right and Left Thru Heads Right and Left Thru, Veer Left, <br> Wheel and Deal, [ Veer Right, <br> Wheel and Deal, Right and Left Thru ] <br> Turn your opposite by the right, Turn partner <br> by the left, men hold on Mini- Allemande Thar <br> Slip the Clutch, Allemande Left, Promenade Heads Pass The Ocean, Swing Thru, <br> Boys Run, All turn alone 1/4 to the right, <br> Double Pass Thru, Girls U-Turn Back, <br> Star Thru, Wheel and Deal, Star Thru <br> Heads Right and Left Thru, <br> Veer Left, Veer Right, Partner Trade Couple \#1 California Twirl, <br> First Couple Go Left, Next Couple Go Right, <br> Wheel and Deal, Leaders California Twirl  |
| Heads Right and Left Thru and Veer Left, <br> Couples Trade, Partner Trade, Boys Trade <br> Bend the Line, Star Thru, Home |
| Couple \#3 California Twirl, First Couple go <br> Left, Next Couple Go Right, Wheel and Deal, <br> Zoom, Zoom again, Leaders California Twirl |
| Heads Step to a Wave, Balance, <br> Girls Trade, End \& Adjacent dancers Trade, <br> Boys Trade, Pass Thru and U-Turn Back <br> Right and Left Thru |
| Heads Right and Left Thru, Flutterwheel, <br> Reverse Flutterwheel [ and Sweep 1/4, <br> Right and Left Thru, Flutterwheel, Star Thru ] |
| Step to a Wave, Swing Thru, <br> Swing Thru again, Pass Thru, Partner Trade |
| Heads Star Thru, Dosado to a Wave, <br> Ladies Trade, Swing Thru, Boys Run, <br> Bend the Line |
| Bend the Line, Box the Gnat, <br> Square Thru 2, Partner Trade |
| Veer Right, Wheel and Deal and Sweep 1/4 |
| Heads Flutterwheel and Sweep 1/4, <br> Pass the Ocean, Swing Thru, Boys Run, <br> Bend the Line, Touch 1/4, Box Circulate, <br> Zoom, Girls U-Turn Back, Home |

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## Mainstream Program

$\left.\left.\begin{array}{|l|l|}\hline \begin{array}{l}\text { Heads Pass Thru, Cloverleaf, } \\ \text { Right and Left Thru, Pass Thru, Cloverleaf }\end{array} & \begin{array}{l}\text { Touch 1/4, Walk and Dodge, Cloverleaf, } \\ \text { Swing Thru, Spin the Top, } \\ \text { Right and Left Thru, Veer Left, Bend the Line }\end{array} \\ \hline \begin{array}{l}\text { Heads TurnThru, Cloverleaf } \\ \text { (again) Turn Thru, Cloverleaf }\end{array} & \begin{array}{l}\text { Heads Pass the Ocean, Swing Thru, } \\ \text { Cast Off 3/4, Walk and Dodge, } \\ \text { Partner Trade, Right and Left Thru }\end{array} \\ \hline \begin{array}{l}\text { Heads Swing Thru and Turn Thru, } \\ \text { Courtesy Turn, Swing Thru and Turn Thru, } \\ \text { Courtesy Turn at home }\end{array} & \begin{array}{l}\text { Heads Touch 1/4, Girls Fold, } \\ \text { Double Pass Thru, Face Caller, } \\ \text { Boys Cross Fold, Star Thru, Leaders Trade. } \\ \text { Swing Thru, Boys Run, Bend the Line }\end{array} \\ \hline \begin{array}{l}\text { Heads Pass the Ocean, Single Hinge, } \\ \text { Box Circulate, Single Hinge, Girls Trade, } \\ \text { Single Hinge and Girls U-Turn Back }\end{array} & \begin{array}{l}\text { Heads Right and Left Thru, } \\ \text { Dixie Style to a Wave, Men Trade, } \\ \text { Left Swing Thru, Girls Run, } \\ \text { Wheel and Deal, Slide Thru }\end{array} \\ \hline \begin{array}{l}\text { Heads Pass the Ocean, Swing Thru, } \\ \text { Boys Run, Couples Hinge, Girls Run Left, } \\ \text { Boys Trade, Left Swing Thru, Girls Run, } \\ \text { Couples Hinge, Bend the Line, Flutterwheel }\end{array} & \begin{array}{l}\text { Ladies Chain, Dixie Style to a Wave, } \\ \text { Boys Cross Run, Single Hinge, } \\ \text { Walk and Dodge, Couple \# 1Partner Trade, } \\ \text { Trailer's In, Cast Off 3/4, Star Thru } \\ \text { Leader's California Twirl }\end{array} \\ \hline \begin{array}{l}\text { Couple \# 1 California Twirl, } \\ \text { Put Trailers In, Cast Off 3/4, } \\ \text { Star Thru, Put Trailers In, Cast Off 3/4, } \\ \text { Star Thru, Leaders Partner Trade }\end{array} & \begin{array}{l}\text { Ladies Chain, Heads Pass Thru, Girls Run, } \\ \text { Beginning after the first arm turn } \\ \text { do a Spin Chain Thru (Left Cast 3/4, Centers } \\ \text { Trade, Left Cast 3/4), Girls Run }\end{array} \\ \hline \begin{array}{l}\text { Heads Swing Thru, Cast Right 3/4, } \\ \text { Box Circulate, Cast Right 3/4, Boys Trade, } \\ \text { Boys Run, Wheel and Deal }\end{array} & \begin{array}{l}\text { Heads Right \& Left Thru, Veer Left, } \\ \text { Tag the Line, Face Right, Half Tag, }\end{array} \\ \text { Box Circulate 2 times, Face In }\end{array}\right\} \begin{array}{l}\text { Heads Dosado to a Wave, Ladies Trade, } \\ \text { Swing Thru, Spin the Top, Single Hinge, } \\ \text { Box Circulate, Boys Run, Right and Left Thru }\end{array} \quad \begin{array}{l}\text { Heads Touch 1/4, Scoot Back (boys in), } \\ \text { Scoot Back again (girls in), Single Hinge, } \\ \text { Boys Trade and Run, Wheel and Deal }\end{array}, \begin{array}{l}\text { Heads Slide Thru, Box the Gnat, Slide Thru, } \\ \text { Swing Thru Double, Recycle, Slide Thru }\end{array}\right\}$

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## Plus Program

| Heads Pass the Ocean, Acey Deucey, <br> Swing Thru, Acey Deucey, Boys Run, <br> Acey Deucey, Girls Run, Acey Deucey, <br> Left Swing Thru, Girls Run, Bend the Line | Heads Pass the Ocean, Explode the Wave <br> Partner Trade, Pass the Ocean, <br> Explode and Touch 1/4, Follow Your <br> Neighbor, Explode and Slide Thru |
| :--- | :--- |
| Heads Step to a Wave, Acey Deucey, <br> Do the Center's part of Ping Pong Circulate | Heads Fan the Top, Explode and Touch 1/4, <br> Follow Your Neighbor, Recycle (follow her), <br> Right and Left Thru |
| Heads Box the Gnat and do the Center Part <br> of Load the Boat, U-Turn Back, | Heads Pass the Ocean, Swing Thru, <br> Girls Fold, Peel the Top, <br> do the Center Part of Load the Boat, <br> California Twirl |
| Heads Touch 1/4, Peel Off, Wheel and Deal, and Roll |  |
| And Couple \#1 Wheel Around, Peel Off, <br> Ends Cross Fold, Touch 1/4, Peel Off, | Heads Veer Left, Girls Hinge, <br> Diamond Circulate, Flip the Diamond, <br> Wheel and Deal and Half Sashay <br> Ladies Trade, Explode and Slide Thru |
| Heads Pass the Ocean, Linear Cycle, <br> Swing Thru, Spin the Top, Linear Cycle, <br> Dosado to a Wave, <br> Do the Center's part of Ping Pong Circulate | Heads Single Circle to a Wave, <br> Boys Cross Run, <br> Ladies Chain Down the Line, <br> Dixie Style to a Wave, Trade the Wave, <br> Recycle, Right and Left Thru |
| Couple \# Partner Trade and Spread, <br> Wheel and Deal and Spread, <br> Tag the Line Right, Wheel and Deal, <br> Reverse Flutterwheel | Heads Veer Left, Crossfire, <br> Box Circulate 1 1/2 <br> Diamond Circulate, Boys Trade, <br> Cut the Diamond, Bend the Line |
| Heads Touch 1/4 and Roll, <br> Slide Thru and Roll, <br> Slide Thru, Partner Trade and Roll | Heads Touch 1/4, Walk and Dodge, <br> Chase Right, Single Hinge, Ladies Trade |
| Heads Touch 1/4, Follow Your Neighbor, <br> Left Swing Thru, Girls Run, Bend the Line, <br> Touch 1/4, Follow Your Neighbor and Spread <br> Girls Trade, Linear Cycle and Roll | Heads Veer Left, 3/4 Tag the Line, <br> Girls Face Right, Boys Trade, <br> Cut the Diamond, Half Tag, Trade and Roll |
| Heads Dosado to a Wave, Fan the Top <br> Girls Run, Fan the Top, <br> Half Tag, Trade \& Roll <br> Box the Gnat, Right and Left Thru | Heads Single Circle to a Wave, <br> Boys Cross Run, Left Swing Thru, <br> Trade the Wave, Linear Cycle <br> Pass The Ocean, Explode and Slide Thru |

TWO COUPLE CHOREOGRAPHY FOR SICILIAN CIRCLES - BASIC AND MAINSTREAM
Music should be have strong 8 beat phrasing. (D. Welch, Nashville, 2012) Page 6 of 6
These have a common beginning making it possible to use more than one in a single dance.

LADIES CHAIN SICILIAN (or R \& L Thru)
-- - , , - Circle Left
--- - , - - Circle Right
---- , - Ladies Chain (or Right \&Left Thru)
----, - - Chain Back (Right \& Left Back)
--- - , (Left hands in) Star Left
--- - , - - Star Right

-     -         - , - - Opposite Dosado
-- - , - - Pass Thru, Move On and Bow
CALIFORNIA TWIRL SICILIAN
---- , - Circle Left
--- - , - Circle Right
---- , - - Ladies Chain
---- , - - Chain Back
--- - , - - Opposite Dosado
-- - - , - - Star Thru
Rock Up and Back, - - Star Thru
And California Twirl,-- Move on and Bow
TRADES SICILIAN
---- , - Circle Left
--- - , - - Circle Right
-- - - , - Opposite Dosado
-     - Make a Wave, - - and Ladies Trade
-     - Balance, - - Swing Thru
-     - Boys Run, - - Partner Trade
-     - Boys Trade, - - Couples Trade
-- - - , Veer Left, Move on and Bow
FLUTTERWHEEL SICILIAN
---- , - Circle Left
---- , - - Circle Right
---- , - - Star Right
---- , - - Star Left
-     -         -             - , - - Right and Left Thru
--- - , Ladies Lead Flutterwheel
-- - , Gents Lead Reverse the Flutter
--- - , - Veer Right and Veer Left, Move on
SPIN THE TOP SICILIAN
---- , - - Circle Left
-     -         - , - - Circle Right
-- - - , - - Opposite Dosado
---- , - - Pass the Ocean
-     - and Balance, - - Swing Thru
-- - , , - Spin the Top
-- - , Right and Left Thru
--- , Balance Four and California Twirl

SQUARE THRU SICILIAN
-- -- , - C Circle Left
---- , - - Circle Right
----, - - Ladies Chain
----, - - Chain Back
---- , - Right and Left Thru

-     -         - , - - Opposite Dosado

Square Thru Three
Move on to the next and Bow
PASS THE OCEAN SICILIAN
-- - , - - Circle Left
-- - - , - - Circle Right
Star Right
Star Left
Pass the Ocean
-- -- Ladies Trade, - - Swing Thru
-- - , Boys Run and Bend the Line
[ Dosado ], Pass Thru, Move on
WHEEL AND DEAL SICILIAN
-- - , - - Circle Left
---- , - - Circle Right
-- - - , - Star Right
---- , - Star Left
--- - , - - Opposite Dosado

- Make a Wave, - - Swing Thru
----, - - Boys Run
-     - Wheel and Deal, - - Pass Thru, Move on

WALK \& DODGE \& RECYCLE SICILIAN
-- - , - - Circle Left
---- , - - Circle Right
-- - - , - - Star Right (full around)
-- - - , - - Touch $1 / 4$

-     - Walk and Dodge, - - Partner Trade
-     - Pass the Ocean, - - Ladies Trade
-     - Recycle, - - Dosado
-     - to a Wave, - - Swing Thru and Turn Thru

DIXIE STYLE SICILIAN
---- , - - Circle Left
---- , - - Circle Right
-- - , , Ladies Lead Flutterwheel
-- - , , - Gents Dosado
-- - - , Ladies Lead Dixie Style to Wave
--- - , - Boys Trade

- Left Swing Thru , - - Girls Run
-- Couples Hinge, - - Veer Left, Move on

