



METRO MATTERS

February 2014

Published by
METRO SQUARE AND ROUND DANCE ASSOCIATION

Edited by
DOTTIE WELCH



METRO ASSOCIATION ACTIVITIES

New Year's Eve Dance, December 31, 2013

Twenty-seven dancers attended the Metro New Year's Eve dance this year. As usual, all the cooks provided a delicious potluck supper. That was followed by an excellent dance with Kerry Fletcher calling squares and rounds from 9 p.m. to midnight. There was a short break for two rounds of the Survivor Game (equipment inherited from Ron and Dot Connell). Lionel Crowe was having a particularly lucky evening and survived both games as well as winning the fifty-fifty draw! Thanks to all the dancers who attended. What a wonderful way to ring in the New Year!

Heart Fund Dance 2014 scheduled for Saturday, February 22nd

This year Metro Association will host its 18th Annual Heart Fund Dance in support of the Heart and Stroke Foundation of Nova Scotia at North Woodside Community Centre in Dartmouth. This dance will feature live music by the Metro Fiddlers with Dottie Welch calling. It is open to the general public who will have an opportunity to try square dancing. Invite your friends to come, hear, and dance to this toe-tapping music. The entry fee is a free-will donation to the Heart and Stroke Foundation. Square and Round Dancing is strongly recommended as an excellent activity for maintaining a healthy heart.

Metro Association Needs Your Participation

One of the goals of Metro Association is to market square and round dancing in the Central Region. We make an effort to maximize opportunities to use the follow four marketing methods.

- 1) Make use of public service announcements about any event open to the general public.
- 2) Provide events appropriate for beginners at meetings of interested groups.
- 3) Keep square dancing visible by doing public demonstrations.
- 4) Personally invite friends and acquaintances to attend a dance event.

The members of the Metro executive place public service announcements about events and open houses when they have appropriate information. The callers and cuers provide special events for groups upon request.

- Do you make sure your club's open houses are listed with Metro and the Federation?
- Do you help with public demonstrations?
- Do you invite others to try dancing?
- Do you attempt to make non-dancers aware of this wonderful recreation?

Nova Scotia Contra Dance Festival 2015
A Stop on the Country Dance and Song Society North American Centennial Tour
September 27 – October 3, 2015

We are delighted to announce that Nova Scotia has been chosen as one of seven stops on the Country Dance and Song Society Centennial Tour planned for 2015. The two local contra dance clubs are jointly hosting this event with Metro Association as the supporting organization.

Some of the best contra and community dance teachers and performers will be visiting Nova Scotia for a week to offer workshops, master classes, and special dances. The focus will be on developing the skills of dancers, dance leaders and musicians so that we can share our enthusiasm for this healthy recreation and develop a network of Community and Contra dances in Nova Scotia.

The Country Dance and Song Society describes itself as a “National leader in promoting participatory dance, music and song that have roots in North American and English culture. The CDSS believes in the joy that participatory dance, music and song bring to individuals and communities. Within the US and Canada, we educate, support and connect participants in these living traditions and we advocate for their vitality and sustainability into the future.” The Country Dance and Song Society will have been in existence in North America for one hundred years in 2015.

Contra dancing is one of the ways for us to provide community dance events that are multi-generational and always open to the general public. We already have a strong participation in contra dancing in Halifax that has been greatly augmented by the enthusiastic leaders and dancers in the relatively new Halifax Contra Dancers. We are delighted that they are now officially part of Metro Association and bringing their youth and enthusiasm to this joint venture.

You Ought to Go to Ottawa

The registration for Festival 2014, the next Canadian Square and Round Dance Convention is now up to 712 dancers. More than fifty leaders are planning to volunteer their time and talents to provide dancing for multiple programs in Squares, Rounds, Contras, Lines and Clogging.

Are you registered to have “A Capital Time” in Ottawa?
July 17-19, 2014 at the new Ottawa Convention Centre
Website is <www.Festival2014.ca>

Capital Survivor

Are you a SURVIVOR?? You are going to want to take part in this!

Participate in five of these six events and earn the right to brag that YOU ARE A SURVIVOR!

- WEDNESDAY: Kick-off, Switch-on, Fire-up Trail In Evening Dance
- THURSDAY: Hot Hash Half Hour 10:30-11:00pm
- FRIDAY: Basic Bolster Bash (Dance a tip in the Basic Hall)
- SATURDAY: Super Sunrise Squares -- Sunrise Dance 7:00 a.m.
- SATURDAY: Nocturnal Night-Lovers Saturday Night Party
- OUTSIDE: Capital Canal Caper (Day/Time TBA)

All events will offer some Basic dancing so our Basic dancers can also qualify as SURVIVORS!