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NEXT MEETING
JANUARY 14-15, 1995 at BEST WESTERN GLENGARRY in TRURO, NOVA SCOTIA (Please make reservations before the end of 1994.)
SCHEDULE FOR SQUARE DANCE CALLERS:
SATURDAY
10:00 SIGHT CALLING WITH EMPHASIS ON SMOOTH DANCING
Resolution is important in sight calling but so is the movement of dancers. We need to be able to predict formations before they happen to keep things flowing. A night of stop and start dancing is not fun.
SELF TEST: When you call a Square Thru from an Eight Chain Thru formation, what formation will result? Times up!
12:00 BREAK FOR LUNCH
1:30 MORE ON CONTRAS
To follow-up the session with John Essex at our October weekend we would like each participant to cue a contra. If you do not have a contra to share then prepare to use one of those listed on the next page.
3:30 SINGING CALL FIGURES
Are your singing call figures becoming stale? If you have some unique figures that you are willing to share, bring them along. Also bring your pawns and we will write some new ones.
5:00 BREAK FOR SUPPER
7:30 DANCE
The program will be designed primarily to give newer callers experience. We will include a chance to dance the latest Callerlab quarterlies.
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SUNDAY MORNING

9:00 MODULES
This will be a discussion of all kinds of modules and their uses. If you have some favorite zeros, equivalents, get-ins, or get-outs please bring them along.

11:00 ANSSRDT MEETING

SCHEDULE FOR ROUND DANCE CUERS:
There will be a full program for cuers running simultaneously with the caller's workshops. We understand that expected participants have already been assigned a time slot for an hour long presentation. If you would like more details contact John and Valerie Pinks.

## CONTRAS

John Essex gave us a grand introduction to Contra Prompting. All of the following were danced. They are improper alternate duples so all begin with Couples 1, 3, and 5 active and crossed over.

BIG SOMBRERO CONTRA

-     -         -             - With Your Corner Dosado
-     -         -             - , - Same Lady Swing
-     -         -             - , 4 in Line Down the Set
-     - Wheel Around, - - Come Back
- Bend the Line, Opposite Dosado
-     -         -             - , Make a Right Hand Star
-     -         -             - , - Two Ladies Chain
-     -         -             - , - Ladies Chain Back

BROKEN SIXPENCE

-     -         -             - , Dosado Below
-     -         -             - , Men Dosado
-     -         -             - , Ladies Dosado
-     -         -             - , Actives Swing
-     -         -             - , Down the Centre in 4
-     -         -             - , Turn Alone, Come Back
-     -         -             - , Bend Line, Circle Four
-     -         -             - , Star Left

TRADE BY CONTRA

-     -         -             - , Face Corner Dosado
-     -         -             - , Corner Swing
-     -         -             - , Down in Four
-     -         -             - , Wheel Around Come Back
-     - Bend Line, Right \& Left Thru
-     -         -             - , - - Ladies Chain
-     -         -             - , - - Ladies Chain
-     -         -             - , Half Square Thru
-     - Trade By, Face Corner Dosado

SWEET GEORGIA BROWN

-     -         -             - , Face Corner Dosado
-     -         -             - , Bow to her and Swing
-     -         -             - , Right and Left Thru
-     -         -             - , Right and Left Thru
-     -         -             - , - - Ladies Chain
-     -         -             - , - - Ladies Chain
-     -         -             - , Slow Square Thru
-     -         -             - , - - - -

The following is a Triple Minor contra with couples 1, 4, 7, etc. active but not crossed over. SACKETT'S HARBOUR

-     -         -             - Forward Six and Back
-     -         -             - Circle Left 3/4 round
-     -         -             - Active Couples Down Lines
-     -         -             - Turn Alone and Come Back
-     - Cast Off, Turn Contra Corners
-     -         -             - , - - -
-     -         -             - , Forward Six and Back
-     -         - Circle Right to long lines

To "Turn Contra Corners" the actives turn their partner right, their right opposite left, partner right, left opposite left and return to centre spot.

If the others seem easy try this.
SPANKING JACK
Couples 1, 3, 5 etc. crossed over

-     - With couple below Right Star
-     -         -             - Left Star back
-     -         -             - Actives Down the Centre
-     -         -             - Turn Alone, Come Back
-     - Cast Off, New couple below Circle Four
-     -         -             - Circle Right and let go
-     -         -             - Couple above $R$ \& L Thru
_ _ - - R \& L Back and let go

CALLERLAB CONTRA OF THE QUARTER:
ALLYNN'S MOUNTAIN REEL
Couple facing couple across the set with an even number of dancers.

-     -         -             - , Across 2 Ladies Chain
-     -         -             - , - - Ladies Dosado
-     -         -             - , - - Men Dosado
-     -         -             - , Ladies Chain \& 1/4 more
-     -         -             - , Promenade Up and Down
-     -         -             - , Wheel Around Come Back
-     -         -             - , Same 2 Half Promenade
-     -         -             - , Slant Right R \& L Thru

CREATIVE CHOREOGRAPHY
Our October meeting included a session challenging us to create some new uses for various Mainstream moves. Here are some of the results. Note! Use with discretion, some are quite difficult.

SWING THRU:
Heads Square Thru Two, Pass the Ocean, Centres Swing Thru, Centres of each Four Trade, Girls Swing Thru, Each Four Swing Thru twice, Boys Swing Thru, Centres of each Four Trade, Boys Run, Centre Four Wheel and Deal, Others Bend the Line, Allemande Left

Heads Square Thru Four, Pass the Ocean, Centre Four Swing Thru, Centres of Each Four Trade, Girls Swing Thru, Each Four Swing Thru Twice, Boys Swing Thru, Centres of each four Trade, Boys Run, 4 by 4 Bend the Big Line, 2 by 2 Bend the Little Line, 1 by 1 Bend the Itty-Bitty line, Grand Right and Left

Heads Right and Left Thru, Heads Dixie Style to a Wave, (Starting in the centre) Heads Swing Thru, Head Girls Cross Run, Head Boys Trade, Heads Swing Thru, Extend, Swing Thru, Boys Run, Ferris Wheel, Centre Four Swing Thru, Centres Turn Thru, Allemande Left

All Four Ladies Chain 3/4, All 4 Ladies Chain $3 / 4$ to a Do Paso, hold on and men swing into an Allemande Thar, All 8 Left Swing Thru, Girls Run Left, Promenade

Heads Lead Right, Swing Thru once and a half, Men Run, Promenade

Couples \# 1 Lead Right, Couple \# 4 Lead Left, Swing Thru, Girls U Turn, Couples Trade, Couples \#1 \& \#2 Wheel and Deal, \#3 \& \#4 Bend the Line, \#2 \& \#4 Partner Trade, Promenade

SWING THRU WORKING AS COUPLES:
Zero Line, As Couples Swing Thru Twice, Partner Trade, Centre Couples Fold behind End couples, Promenade

Zero Line, As Couples Swing Thru once and a half, Centre Couples Veer Right as End Couples Partner Trade, Promenade

CROSS RUN:
Zero Line, Right and Left Thru, Pass the Ocean, Men Circulate, Swing Thru, Men Cross Run, Left Allemande full turn

Zero Box, Swing Thru, Men Trade, Swing Thru, Girls Cross Run, Allemande Left

SPIN THE TOP:
Heads Square Thru, Swing Thru, Men Run, Ferris Wheel, Double Pass Thru, Centres In, Cast Off 3/4, Pass Thru, Wheel and Deal, Girls Spin the Top, Centres Pass Thru and Cloverleaf, Boys Spin the Top, Boys Pass Thru and Cloverleaf, Girls Pass Thru, Star Thru, Couples Circulate, Bend the Line, Dixie Style to Wave, Spin the Top Twice, Girls Run, Girls Trade, Couples Circulate, Ferris Wheel, Pass Thru, Allemande Left

CLOVERLEAF:
Heads Lead Right, Circle to a line, Pass Thru, Wheel and Deal, Double Pass Thru, Girls Cloverleaf, Girls Diagonally Double Pass Thru, All Face Right, Bend the Line, Men Pass Thru \& Cloverleaf, Girls Pass Thru, Star Thru, Couples Circulate, Bend the Line, Square Thru 3/4, Allemande Left

Heads Lead Right, Circle to a Line, Touch 1/4, Leading Lady Cloverleaf, Others Extend, Centre Ladies Hinge and Extend, Out-facers Cloverleaf (left), Others U Turn, Star Thru \& California Twirl, Step ahead and Bend Line (Squared up), Heads Touch 1/4, Walk and Dodge, Allemande Left
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RECYCLE:
Heads Pass the Ocean, Extend, Recycle, Pass Thru, Trade By, Swing Thru, Recycle, Touch 1/4, Centres Trade, Recycle, Veer Left, Couples Circulate, Half Tag, Single Hinge, Centres Trade, Recycle, Star Thru, Couples Circulate, Veer Right, Trade By, Left Allemande

Sides Lead Right, Veer Left, Half Tag, Recycle, Pass Thru, Outsides Cloverleaf, Centres Pass the Ocean, Extend, Single Hinge, Centres Trade, Recycle, Veer Left, Tag the Line In, Pass the Ocean, Girls Trade, Recycle, Box the Gnat, Grand Right and Left

Heads Pass the Ocean and Recycle, Centres Pass Thru, All Pass the Ocean and Recycle, Touch 1/4, all 8 Circulate, Single Hinge, Centre 4 Recycle, Others Recycle behind them, Double Pass Thru, Leads Separate and Star Thru, Others Trade, (Squared Up)

Heads Rollaway then Pass Thru and Separate Around One to a Line, Ends Pass Thru, Recycle (girls in front), Girls Pass Thru, Touch 1/4, Men Trade and Run, Bend the Line, Ends Pass Thru, Recycle, Girls Swing Thru and Turn Thru, Star Thru, Promenade

Sides Square Thru 2, Touch 1/4, Girls Run, Ends Pass Thru, Recycle (boys in front), Boys Pass Thru, Touch 1/4, Girls Trade and Run, Couples Circulate, Bend the Line, Ends Pass Thru, Recycle, Double Pass Thru, Men Trade, Touch 1/4, Recycle, Pass thru, Grand Right and Left, Box the Gnat, Slide Thru at home

HAPPY HOLIDAYS!

CALLERLAB MAINSTREAM QUARTERLIES

SINGLE CIRCLE TO A WAVE
This is currently in the Plus Program and was printed in the December 1993 ANSSRDT Newsletter.

WAHOO
Starting Formation: Right or Left-Handed Box Circulate Formation.
Action: All Circulate one position then turn to face the person beside you (1/4 in toward the centre of the box).
Ending Formation: Facing Couples Timing: about 6 beats

CALLERLAB PLUS QUARTERLIES
DOUBLE YOUR NEIGHBOR
Starting: Double Pass Thru
Action: Leaders Double Pass Thru, Peel Right and Roll. Trailers Pass Thru, meet the other trailers, Step to a Wave and Arm Turn 3/4.
Ending: Left-handed Waves
Timing: 10 beats
FOLLOW THRU
(Currently in the $\mathrm{C}-1$ list)
Starting Formation: Right or left-hand Box Circulate Formation Action: In facing dancers Extend and Single Hinge while the out facing dancers do $1 / 2$ of a Box Circulate
Ending Formation: Two Faced Line Timing: 4 beats

The ANSSRDT NEWSLETTER is the newsletter of the Association of Nova Scotia Square and Round Dance Teachers. Our intention is to publish three times a year. The opinions expressed are those of the authors and not necessarily those of the Association. Your comments and articles are encouraged. Please forward to: Dottie and Gary Welch Comp. 13, Site 6, R. R. 2 Porters Lake, Nova Scotia B0J 2S0
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