

# Station Break / Pause-indicatif

CBC Pensioners Association  
Maritime Region Newsletter

Association des retraité(e)s de la SRC  
Bulletin régional des Maritimes

Spring / Printemps 2016

## PRESIDENT'S BULLETIN



John McKay

The last year has been a busy but interesting one. Since our last newsletter we have had the arrival of spring and the final departure of winter.

December saw major gatherings at all our locations. Christmas dinners were held in Moncton, Sydney, and Halifax. Prince Edward Island members joined the PEI CBC staff for a Christmas gathering at the station.

All were very well attended and served to fulfill our basic social requirement. That is to keep in touch with all our former colleagues and "to meet and greet".

There were fourteen new retirees who joined our ranks in the past year.

Rest assured the pension plan is still doing very well and is more than able to handle new faces. The plan has an annualized 4-year return of 10.9%.

The coalitions on Target Benefit Plans and Spousal Fairness are moving forward. Rick Inglis (BC), Maurice Gill (PQ) and their group have been meeting with Parliamentarians. It appears that the government is listening.

To be sure that the message is getting through, they chose the personal delivery of letters to Ministers, and they have met with key personnel at Treasury Board, Veterans Affairs, Status of Women, Finance and The Prime Minister's Office

In all cases they have managed to connect with senior personnel such as Chiefs of Staff, Policy Advisors, et cetera. In every meeting, they were well received with positive feedback and the issues are being understood.

The CBC and the Association have begun a review of the Supplemental Health Plan (SHC/GWL). Hopefully the report will be available by fall of 2016.

Finally, this is an open invitation to all members to attend the 2016 **Annual General Meeting**.

The date is May 4<sup>th</sup> and the location is The Royal Canadian Legion at the corner of Hillcrest St and Main Avenue in Fairview (Halifax). A free lunch will be served prior to the meeting. Lunch will start approximately at noon and the meeting begins around one PM.

- John McKay

## RAPPORT DU PRÉSIDENT

L'année dernière a été très occupée mais fort intéressante. Depuis la parution de notre dernier bulletin, l'hiver nous a fait ses adieux pour faire place au printemps.

En décembre, toutes les sections ont tenu d'importantes rencontres. Des dîners de Noël ont eu lieu à Moncton, Sydney et Halifax. À l'Île-du-Prince-Édouard, nos membres et le personnel de la CBC ont opté pour une rencontre conjointe à la station.

Il y a eu une bonne participation à toutes ces rencontres, ce qui nous a permis de remplir une partie de notre mandat social, c'est-à-dire de maintenir un lien avec tous nos anciens et anciennes collègues et de favoriser des retrouvailles.

Pendant la dernière année, la région a accueilli 14 nouveaux retraité.e.s.

Sachez que la caisse de retraite se porte bien et est bien en mesure d'accueillir ces nouveaux retraités. Elle affiche un rendement 10,9% sur 4 ans.

Les coalitions sur les régimes de retraites à prestations cibles (ou à risques partagés) et sur l'équité des pensions aux conjoints survivants poursuivent leur travail. Rick Inglis (C.-B.), Maurice Gill (Qc) et leur groupe ont rencontré des parlementaires. Tout indique que le gouvernement soit à l'écoute.

Afin de s'assurer que le message passe, ils ont choisi de livrer des lettres aux ministres et ont rencontré le personnel clé du Conseil du Trésor, des anciens combattants, de la situation de la femme, des Finances et du bureau du premier ministre.

Dans chaque cas, ils ont réussi à entrer en communication avec le personnel senior tel les chefs de cabinet, les conseillers politiques et ainsi de suite. Ils ont été bien accueillis à chaque rencontre où ils ont reçu une rétroaction positive et une indication que les questions en cause sont comprises.

La Société et l'Association ont entrepris une révision du régime d'assurance-maladie complémentaire (AMC/GWL). Nous souhaitons que le rapport sera disponible à l'automne 2016.

Enfin, nous invitons tous les membres à la **réunion générale annuelle** du 4 mai à la Légion royale canadienne située au coin de la rue Hillcrest et de l'avenue Main, à Fairview (Halifax). Un lunch gratuit sera servi avant la réunion. Le service du lunch débutera à midi et la réunion vers 13 h.

- John McKay

## Qu'est-ce qu'il y a dans ton portefeuille?

le 31 mars 2016

Quelques années passées, une importante banque américaine posait cette question géniale dans ses publicités : « Qu'est-ce qu'il y a dans ton portefeuille? » (tr.)

Selon nos invités au déjeuner-causerie de mars, nous avons raison de nous la poser nous aussi puisque le vol d'identité nous guette toujours.

Denise Cormier et Jean Boucher font partie de l'équipe de bénévoles au détachement de la GRC Codiak. Ils font partie d'une des deux seules équipes du genre au pays, l'autre étant à Vancouver. Leurs nombreuses activités comprennent entre autres des visites aux écoles de la région, la distribution de biens perdus et non-réclamés tels les vélos qui sont remis aux moins nantis et les téléphones cellulaires programmés avec le 911 pour des appels d'urgence, puis remis aux femmes victimes de violence.

Nos invités nous ont offert quelques conseils pratiques pour réduire la possibilité de vol d'identité :

- avoir avec soi un maximum de deux cartes de crédit et de laisser à la maison toutes les cartes non essentielles
- avoir un portefeuille ou un sac à main RFID (identification par radiofréquence) pour empêcher les fraudeurs d'obtenir les informations contenues dans nos cartes. On peut également opter d'avoir un étui pour chaque carte.
- tenir à la maison un registre de toutes nos cartes
- ne pas mettre à la poubelle les reçus des guichets automatiques puisque ceux-ci peuvent contenir des informations dissimulées
- ne jamais donner de renseignements personnels lors d'appels téléphoniques que vous n'avez pas initiés
- exiger que la réception de l'hôtel efface devant vous les informations contenues dans la carte d'accès à votre chambre ou de ne pas la leur remettre
- éviter de mettre sur Facebook des informations personnelles telles 'nous serons en voyage pendant tout le mois de mai'.

Lors de notre lunch de novembre dernier, notre invité était le président régional, John McKay, dont la plus récente visite avec les membres de notre section remontait de plusieurs années. Étant également membre du conseil d'administration de l'association, John a profité de sa visite pour discuter des dossiers aux niveaux national et régional.

D'un tout autre ordre, le party annuel de Noël du 3 décembre a attiré un plus grand nombre de membres que par le passé, soit une soixantaine.

Le comité de recrutement poursuit son travail. Il a envoyé à une quinzaine de non-membres des lettres d'invitation à rejoindre l'association. Il faudra attendre la prochaine révision de la liste nationale des membres afin de connaître les résultats de cette initiative. D'autre part, le comité a repéré les noms de 17 autres non-membres à qui il enverra des invitations une fois qu'il aura trouvé leurs adresses. Les membres du comité sont Benoît Duguay, Louis Imbeault, Sylvie St-Onge et moi-même.



Le prochain déjeuner-causerie aura lieu le mercredi 13 avril. Notre invité sera Cecile Cassista, directrice de la Coalition provinciale des aînés et des droits des résidents des foyers de soins. Elle parlera du travail accompli et des futurs défis.

Le bureau de direction se réunira avant cette rencontre pour entre autres fixer la date de notre réunion annuelle.

La dernière activité de la présente saison sera notre souper au homard qui aura lieu le jeudi 16 juin au club Beauséjour, rue Essex.

De g. à d.: Denise Cormier et Jean Boucher, bénévoles de la GRC Codiak, avec Ronald Cormier, secrétaire.

A few years back, a major U. S. bank found an ingenious way to sell its credit card by asking the question: "What's in your wallet?"

According to our guests at our March luncheon, we have reason to ask ourselves this question considering our vulnerability to identity theft.

Denise Cormier and Jean Boucher are part of a team of volunteers working with the Codiack detachment of the RCMP. There are only two such teams in our country: the other is located in Vancouver. Their numerous activities include visits to local schools, distributing lost and unclaimed bicycles to the needy and cell phones programmed with 911 for emergency use by battered women.

As for identity theft, they had a few suggestions:

- carry a maximum of two credit cards with you and leave the non-essential ones at home
- have a RFID (radio frequency identification) wallet or purse to prevent fraudsters from stealing your private information. We can also choose a RFID sleeve for each card.
- keep a record of all your cards at home
- do not throw ATM receipts in the waste basket as they may contain hidden information
- never give personal information when receiving a phone call you didn't initiate
- have the clerk at the hotel's reception desk erase the information on your room key in front of you or don't hand in the key
- avoid posting on Facebook personal information such as 'we'll be away during the month of May'

At last November's meeting, our regional president John McKay, was our invited guest. It had been a number of years since he had met with the members of the local chapter. As a member of the national board, he brought us up to date on the national's activities as well as regional activities.

On a different note, our annual Christmas party on December 3<sup>rd</sup> attracted some 60 guests, a larger than usual number.

The recruitment committee is continuing its work. It has sent 15 letters inviting non-members to join the association. We will know how successful our efforts were when the new membership list comes out. The committee is presently searching for the addresses of 17 other non-members. Members of the committee are Benoît Duguay, Louise Imbeault, Sylvie St-Onge, and myself.

The next luncheon takes place on Wednesday, April 13<sup>th</sup>. Our guest speaker will be Cecile Cassista who is executive director of the Coalition for Seniors and Nursing Home Residents' Rights. She will speak on the Coalition's work and future challenges.

The local executive committee will meet before that meeting to set the date for the next annual meeting.

The year's last activity, the annual lobster supper, will be held on Thursday, June 16<sup>th</sup>, at the Beauséjour Club on Essex Street.

# Sydney

## CAPE BRETON REPORT

**Bill Doyle**

The Cape Breton chapter of the CBCPNA held its annual Christmas party on November 26, and had the usual near full turnout of happy members. It's our only event.

Our membership remains at 27. Our most recent addition retired from the CBC in 2008. Several staff members are, or soon will be, eligible to retire but so far we have no indication if or when they will do so. No one at CBC Cape Breton retired during the last round of cuts because they either did not qualify for a pension or they transferred to another CBC location.

Former CBC Sydney radio master control technician Harry Addicot died this winter. His age is unknown. Harry worked at CBI Sydney – now known as CBC Cape Breton - during the 1950s and went on to teach school. During the 1970s, Harry extended his educating career as a television quality control instructor for the CBC.

The Cape Breton chapter of the CBCPNA holds its AGM at 2:00 p.m. on Thursday, May 12, at the Westmount Legion. CBC Radio One in Cape Breton is now heard on FM and AM. The CBC added the new signal because AM reception has limited range and poor quality. On February 25, Rod C. MacNeil, a 91-year-old listener, exerted pensioner power to push the button and officially launch the new signal at 92.1 FM.

# Charlottetown

**PEI REPORT**

**Ian Petrie**

Identifying and recruiting new members to the Pensioners Association remains an issue on PEI at least.

Obviously the best time to encourage someone to join is when they are filling out the blizzard of paperwork in the months leading up to "the final day". It becomes a checkmark and signature on a piece of paper at that point. I know I have no idea why I checked the yes box. It certainly wasn't because I had any information about the Association or the benefits of joining. I had thought it was a loosely organized group that went out for beers occasionally to share war stories.

I have asked CBC for a list of people who are retiring, but was refused for privacy reasons. I can accept that. It is a private matter that often includes negotiations and difficult decisions. I have contacted people I knew who were close to going to encourage them to join. Some did, and others obviously needed more follow-up and encouragement which I didn't provide. And some certainly just want to walk away from CBC and be done with it. I can understand that as well.

There are certainly places like Halifax with a very active Pensioners group, and it's probably high-profile enough that those who are retiring are more likely to join.

If other Pensioner Associations have found better ways to encourage new retirees to consider joining, I'd encourage them to share that information with the rest of us. We have to realize that the efforts the Pensioner's Association makes to maintain the liquidity of the pension plan benefits all retirees, not just those who've joined the Association. We also have to acknowledge that belonging and benefiting from collective agreements within the CBC happened whether people paid attention to those organizations or not. Hopefully the Pensioner's Association can find that right balance of maintaining social ties and friendships, and keeping an eye on CBC and Government policies to protect retirement benefits. Both are worthwhile.

# Halifax

**NOVA SCOTIA REPORT**

**Geoff Turnbull & David Carr**

About 140 of us met for a fantastic Christmas dinner, seeing old friends, and catching up on things. Wonderful time.

Our January meeting was cancelled because of the weather.

About 30 people turned out for our midwinter meeting on February 3. Our regional membership has grown by 14 people and this meant our regional treasury grew by \$1,400.00. National contributes \$100.00 to each region for every new member signed up.

Our old policy of refunding dues when you reached age 85 ended with a grandfather clause last year. Year over year this saved us \$3,500.00 but the savings will reach the tens of thousands of dollars within a year or two.

About 30 people made it to our March meeting. Moncton has asked if the region (that's based in the Halifax chapter) would be able to support Moncton financially if a need arose. John McKay explained that, since Moncton is a chapter in the region, any such request would be given serious consideration. As he said, "it's your money, too."

The promise of a 5 dollar lunch buffet brought people out for our April 6 meeting. Paul Gaffney, our pension board rep, tells us the pension plan is still doing very well despite market turbulence. We are told it is one of the best in the country, thanks to our professional managers. They will be making their annual report next month at the national annual general meeting. We had 482 members signed up at the end of March, a slight decrease so far this year due to attrition. That makes it important to encourage other retirees to sign up, so if you know someone who has not yet joined, let them know how important it is support the association. It gives us a voice at the table with CBC, the Pension Board, the EAP, the Special Assistance Plan, along with many other benefits. The CBCPNA is the voice of retirees - the only voice - and needs to represent more than 50 per cent of pensioners in order to maintain that status.





## TREASURER'S REPORT - CBC Pensioners' National Association (Maritimes) David Carr

Another good year. Despite a budgeted projection of a small deficit, we ended the fiscal year on 31 March, 2016, with a bank balance of \$11,982.76, showing a surplus of \$412.51. This surplus was mainly caused by low member attendance this year at both our AGM in May and Christmas Dinner in December.

The full statement of Revenue and Expenditure has gone to our Auditor and then, along with a proposed budget and other financial matters, will be presented to the membership for approval at our Annual General Meeting on 04 May, 2016

If any member would like more information and/or a copy of the audited statement, please contact me at [financialwonk@aol.com](mailto:financialwonk@aol.com) or 413-50 Barkton Lane, Halifax, NS B3M 4H8. My phone is 902-457-1837 and has a voice mail.

David Carr, Treasurer (Maritimes) 31 March, 2016

## Rapport du trésorier SRCANRM

Une autre bonne année. Quoique nous avons prévu un léger déficit, nous avons terminé l'année financière au 31 mars 2016 avec un solde de 11 982,76 \$ et un surplus de 412,51 \$. Ce surplus est le résultat d'une faible participation des membres à notre réunion annuelle générale de mai et au dîner de Noël en décembre.

Le bilan de nos revenus et dépenses a été remis à notre vérificateur et sera présenté aux membres à la réunion annuelle générale du 4 mai 2016 avec nos prévisions budgétaires et autres questions financières. Tout membre désirant de plus amples informations et/ou une copie du bilan vérifié peut communiquer avec moi par courriel à [financialwonk@aol.com](mailto:financialwonk@aol.com) ou à l'adresse suivante 413-50 Barkton Lane, Halifax, NÉ B3M 4H8. Mon numéro de téléphone est le 902-457-1837 et on peut laisser un message dans ma boîte vocale.

David Carr, Trésorier (Maritimes) le 31 mars 2016

## MEMORIES

### YESTERDAYS

- Don Tremaine

Jim Bennett and I served together on the Halifax announce staff for 30-plus years and we have never lost track of each other. At lunch recently we recalled some of the disasters that happened to us during those times.

Jim helped me recall, back in the late 50s, when we used to cover the fall arrival of "Frank Weed's Creepy Critters" at the Maritime Winter Fair. The critters were snakes, monkeys, a cheetah, a tame tiger (so he said) and once two ostriches.

Each was hooked up to a little, two-wheeled cart and our producer (whose sanity was in serious doubt) thought I should take a ride for the old Gazette supertime TV show. I climbed into what looked like a tiny grocery cart and was briefed by the owner that the ostrich could go from 0 to 60 M.P.H. in 2 strides. Hang on tight! The bird was seemingly quite docile because it was blindfolded. When that was snatched off, away we flew! About 50 yards down this field, the cart hit a bump and got up on one wheel. I smelled disaster and decided to bail out. We're doing 30 M.P.H. and I landed awkwardly and broke a bone in my ankle. So as I lay cursing and twisting about, the producer said to Pete MacNeil, our cameraman, "get a close-up, Pete, real tight on the face." Pete followed orders and said, "You'll never be able to play that piece of tape. It's too easy to read his lips!!"



Off to the hospital for a cast (after a few beers at the newly opened "OLD BEAR" tavern, which caused the doctor to observe, "Well, I see the anaesthetic has been administered," and I had a six-week daily reminder of Frank Weed's Crazy Critters.

Back at the studio, we did an experiment to see which of the 26 letters in the alphabet was easiest to read on my distraught face. The letter "F" was the clear winner!!



## PAUL YOUNG – Sydney – Profile

- Bill Doyle



On the day Paul Young turned 21, he had just learned to dress himself and was entering the adult world with the equivalent of a grade three education. With no apparent prospects he went on to pursue a career in radio and later earn an international reputation as a motivational speaker and disability advocate. Paul Young's story is one of making the most of opportunity.

As a child Paul was misdiagnosed as having an intellectual disability and placed in a segregated class at school. Other children taunted him with hurtful names such as retard and cross-eyed monkey. "I had no idea what I had," Paul recalls. "I just knew that I was different." He was about 20 years old when he understood that he had cerebral palsy, a physical disability that prevents proper muscle function and inhibits speech.

When he finished school, Paul was provided with a disability pension and a placement in a "sheltered" workshop where he spent the next 12 years building and staining picnic tables, repairing chairs, constructing pallets and packaging goods for shipment. His social life was limited to watching television and listening to the radio for which he developed a passion, particularly for 1950s and 1960s rock music.

In 1976, Paul had a chance encounter with the new owner of CHER radio in Sydney and boldly suggested that he revise his format to play more music. Impressed by Paul's knowledge of music, the owner hired him to catalogue records. Three years later, Paul was operating equipment, programming shows, working on promotions and dreaming up contests.

The activity was therapeutic because the skills he learned handling records and tape and operating equipment allowed him to develop and improve motor skills that should have been done while he was in school. "The move transformed me," says Paul. "It changed me completely."

With gained confidence from full time employment, Paul made his biggest – and scariest - life decision. He gave up the security of his disability pension and invested in a life supported by his earnings in the workplace. He also moved out on his own and upgraded his education. And he joined CBC Cape Breton as a radio technician. Paul was hired on his merits, not because a position was created to hire a person with a disability.

About the same time, he became involved with a local group that began by lobbying for wheelchair-accessible buildings and moved on to creating employment for the disabled. Later, he founded another advocacy group for people with disabilities called People First of Nova Scotia. Next he co-founded People First of Canada and served as its second president. He also served as chairperson of the Council of Canadians with Disabilities.

Paul left CBC Cape Breton in a forced retirement because of a staff reduction in 1998. It was merely the opportunity to move on to a new career. Paul took advantage of his advocacy and public speaking skills to become a motivational speaker and consultant on disability. He has earned a distinguished career giving lectures in the Netherlands, Brazil, Thailand, and here in Canada.

Paul often makes presentations to students studying to be service providers at Holland College in Prince Edward Island and at the Nova Scotia Community College. Many times he is the first disabled person they have ever met. It is always a positive impression. Paul makes the most of this first encounter to describe his personal experiences and demonstrate that disabled people are unique individuals with a personal history, emotions, ambitions and, most of all, potential.

Paul has been recognized for his advocacy work, including the Queen Elizabeth II Golden Jubilee Award for significant achievement and contributions to the community. In 2002, the federal government's Employment Partnership awarded him its Disability Advocate of the Year for his efforts promoting employment of the disabled. The Nova Scotia Community College awarded Paul an honorary diploma.

Now 72, Paul enjoys a life of mobility and independence thanks to "my greatest achievement, which was getting my driver's license." It allows him to do volunteer work in the community with the Kiwanis of Cape Breton Golden K who are senior citizens who are involved with 20 public service activities. Paul lives in Sydney with Marilyn, his wife of 30 years.



## An Old CBCer Goes to Dinner

- Ian Porter

Twelve noon, Thursday before Good Friday: the older folk are already in place at a dozen tables set along the sides of the church hall in northend Halifax. Volunteers are standing by to serve turkey dinner with all the trimmings. Empty tables in the middle of the room await the kids, some sixty of them from St. Joseph's A. MacKay elementary school a block away.

Sure enough, here they come, stampeding down the stairs and through the door, a sunburst of energy, excitement, laughter. They flood the room, everyone talking at once. The older faces brighten. Easter Dinner proceedings may now begin with welcoming words, grace and reminders of the 50-50 draw to come.

This is a special day at the Ward 5 Neighbourhood Centre on Russell Street that has provided community programs to young and old for more than 30 years. Some of us are here today by invitation. The CBC Pensioners' Association is among the local businesses and organizations that support the quarter-million-dollar-a-year operation

Ward 5 is where I go some afternoons to pick up the two grandchildren of the late Alice Boyd Porter and myself. By then, the school day has ended and the staff are keeping an eye on kids working off energy at everything from tag to checkers to ping pong. To their working parents, the safe place to play is well worth the weekly fee.

But today, I am about to learn that lunches and after-hours programs for the children are barely half the story. Next to me at the table where I find a place to sit is Portia States, a working mother who moved from Windsor Plains to a seniors' residence on Almon Street after her retirement. She tells me she comes here for a hot meal on days when she can't be bothered to cook for herself. Usually, she sees at least twenty or thirty other older people among all the kids.

To my left is Elizabeth Lambie who says the daily six-dollar dinner for seniors is a vital community service. For many older people, it is both their only regular source of a balanced meal and their only chance to mix with young people.

Ms Lambie is a retired nutritionist and teacher at the School of Nursing. I figure she knows what she's talking about. She recalls that during the Cuban missile crisis – 1963 – Jim Bennett came by from CBC to interview her about the sort of food people should be stockpiling in the event of nuclear war.

The Pensioners' support for Ward 5 dates back a dozen years thanks to Jack and Claire Brownell. After Jack retired from the CBC, the couple opened a northend branch of their frame shop business in the 1990s and became involved in Ward 5. Friendship with a board member led them to sponsor "Beef 'n Bid" dinners that raised thousands of dollars for the Centre. When Jack became head of the Pensioners' Association, it approved an annual donation that has continued since his death in 2005.

The amount was, and remains, quite modest but enough to rate that invitation which in turn is a reminder of all the needs Ward 5 strives to meet. What would "neighbourhood" mean without affordable programs for school kids, without the 18,000 hot meals a year, without the seniors' dances, the food bank, Christmas baskets for the needy? That's the question that comes to mind at the end of the dinner, a question that sometimes is all too easy to forget.



## HALIFAX – GOOD-BYE SACKVILLE STREET



The old Radio Building in Halifax is no more.



Demolition of 5600 Sackville Street has been underway for a few weeks.

The iconic Art Deco building was built in the 1930s and was originally a car dealership. CBC moved in in 1944.

The new building will contain a new YMCA, apartments, commercial space, and underground parking.

**John McKay took these pictures in the rain on Friday, April 8, 2016.**



## **ASSEMBLÉE GÉNÉRALE ANNUELLE 2016 – SRCANR-Maritimes**

Date: le 4 mai 2016

Lieu: Légion royale canadienne, coin de la rue Hillcrest et de l'avenue Main, Fairview (Halifax)

Détails: Trois postes à combler: secrétaire, trésorier et un conseiller général

John McKay a convenu de présider le comité de mise en candidature et de diriger le scrutin.

Le trésorier David Carr et le secrétaire Geoff Turnbull ont accepté de se présenter de nouveau aux postes de direction. Puisque Bill MacKenzie ne se présente pas de nouveau après de longues années de service utile, il y aura un poste de conseiller général à combler.

Tout membre en règle peut poser sa candidature à un de ces trois postes.

Si vous le désirez, ou si vous connaissez un membre qui désire se porter candidat.e à un de ces postes, envoyez un courriel à John au [ag628@chebucto.ns.ca](mailto:ag628@chebucto.ns.ca). On peut également poser sa candidature à l'AGA.

S'il y a plus d'une candidature à un poste quelconque, il y aura élection pour ce poste à l'AGA. Un lunch gratuit sera servi avant la réunion. Le lunch sera servi à midi puis la réunion débutera vers 13 h.

Prière d'inscrire cette réunion à votre agenda dès maintenant.

## **2016 ANNUAL GENERAL MEETING – CBCNPA-Maritimes**

Date: May 4, 2016

Location: The Royal Canadian Legion, corner of Hillcrest Street and Main Avenue, Fairview (Halifax)

Details: Three positions are up for election: secretary, treasurer and one member at large

John McKay has agreed to be the nominating committee chair and run the election.

Treasurer David Carr and Secretary Geoff Turnbull have agreed to let their names stand again for their executive positions. Bill MacKenzie has decided to step down after long and helpful service so the member at large position is open.

Any members in good standing may run for any of the three positions.

If you or someone you know would like to offer for any of these positions, please let John know at [ag628@chebucto.ns.ca](mailto:ag628@chebucto.ns.ca). Nominations may also be made from the floor at the AGM.

If more than one person offers or is nominated for a position, election(s) will be held at the AGM.

A free lunch will be served prior to the meeting. Lunch will start approximately at noon and the meeting begins around one PM.

Please put this meeting on your calendar now.





## REJOINDRE NOTRE RÉGION PAR COURRIER, COURRIEL ET INTERNET

Courrier: Assoc. Retraités SRC (Maritimes), 413 - 50 Barkton Lane, Halifax, NS B3M 4H8

Courriel: [cbcpam@gmail.com](mailto:cbcpam@gmail.com)

Site Internet : Maritimes: <http://www.chebucto.ns.ca/culture/cbcpensioners/>

Page internet: section Moncton : <http://cbcpamc.yolasite.com/>

Page internet: section Charlottetown: <http://cbcpacc.yolasite.com/>

Page internet: section Sydney: <http://cbcpasc.yolasite.com/>

Page internet: section Halifax : <http://cbcpam.yolasite.com/>

Lien Internet (photos) – Maritimes: lien dans <http://www.chebucto.ns.ca/culture/cbcpensioners/>

Great West Life (GWL): [www.greatwestlife.com](http://www.greatwestlife.com) Télérer au: 1 877 340-9082

Centre d'administration des pensions (CAP) Télérer au: 1 888 604-9258

### STAY CONNECTED

#### Keep your Association informed:

If you move, change your phone number or e-mail address, please make sure you notify both the National office and the Regional office of your new contact information, especially your e-mail address so we can keep in touch with you by newsletters.

#### Dites-le à votre association:

Si vous déménagez, changer de numéro de téléphone ou d'adresse courriel, assurez-vous d'en informer les bureaux national et régional. Votre adresse courriel nous permet de rester en contact avec vous à l'aide de notre bulletin.

**national:** [cbcpensioners@on.aibn.com](mailto:cbcpensioners@on.aibn.com)

613-724-3003

1-877-361-9242

**régional:** [cbcpam@gmail.com](mailto:cbcpam@gmail.com)

## HOW TO CONNECT WITH OUR REGION BY MAIL, E-MAIL, AND INTERNET

Postal: CBC Pensioners' Assoc. (Maritimes), 413 - 50 Barkton Lane, Halifax, NS B3M 4H8

E-Mail: [cbcpam@gmail.com](mailto:cbcpam@gmail.com)

Internet : Maritimes: <http://www.chebucto.ns.ca/culture/cbcpensioners/>

Website: Moncton Chapter: <http://cbcpamc.yolasite.com/>

Website: Charlottetown Chapter: <http://cbcpacc.yolasite.com/>

Website: Sydney Chapter: <http://cbcpasc.yolasite.com/>

Website: Halifax Chapter: <http://cbcpam.yolasite.com/>

Internet (photos) – Maritimes: link from <http://www.chebucto.ns.ca/culture/cbcpensioners/>

Great West Life (GWL): [www.greatwestlife.com](http://www.greatwestlife.com) Telephone: 1 877 340-9082

Pensioners Administration Center (PAC) Telephone: 1 888 604 9258



## Your CBCPAM Newsletter crew / Votre équipe de rédaction

Claire Brownell

David Carr

Ronald Cormier

Bill Doyle

Jackie Fitzmorris

Don Langis

David McClafferty

John McKay

Ian Petrie

Ian Porter

Geoff Turnbull

Mary Wilcox

This is the ninth issue of the CBCPAM regional newsletter. We welcome comments, suggestions for future items, and contributions.

Mary Wilcox [marywilcox@eastlink.ca](mailto:marywilcox@eastlink.ca)

Postal: CBC Pensioners' Assoc. (Maritimes),  
413-50 Barkton Lane, Halifax, NS B3M 4H8

Voici la 9e édition de bulletin régional des Maritimes. Nous aimerions recevoir vos commentaires, vos suggestions d'articles futurs et vos contributions.

Mary Wilcox [marywilcox@eastlink.ca](mailto:marywilcox@eastlink.ca)

Adresse postale: Assoc. des retraités SRC(Maritimes)  
413-50 Barkton Lane, Halifax, NS B3M 4H8