



We are pleased to announce the most exciting and toughest Canadian Nationals ever. Welcome to 4 great days of racing in one of Canada's most picturesque waterways. On July 26 – 29th, 2006 Ontario would like to welcome all Canadian paddlers to a marathon event that we believe you will be talking about for years.

THE RACES: The first three days will include races for all ages. There will be the traditional C2 classes for each age and sex category. The 20 km course will include one portage, an upstream section and multiple buoy turns with loops through the middle of downtown Mattawa. The C1s and juniors will race a modified 15 km course with an upstream section and a portage. Both of these courses will start in beautiful Champlain Provincial Park and finish at Explorers Point in Mattawa. The Juvenile, Bantam and North Canoe classes will take place in a stretch of water through Mattawa with a park all along the course for great visibility. Inspired by the World Masters Games in Edmonton we will be welcoming the kayak racing community to another marathon Nationals. To make the kayak classes more inviting to kayak paddlers we will be dividing them into a racing class (ICF boats) and a recreational class. This will bring that portion of the competition more in line with the canoe races. Our final day of racing will be the most challenging. The annual North Bay to Mattawa event will welcome as many marathon racing classes as we can fill. Traditionally there have been three "pro" classes; C2 mixed, C2 open and C1. For this year only we will set the classes based on the boats we have registered by the pre registration deadline of June 15, 2005. There must be a minimum of five boats in a category to qualify for a new class. For example as soon as we have 5 Women's C2 boats registered that will be it's own class and so on. We will also break up the age classes as the entries come in.

THE ACCOMMODATIONS: This race offers a unique opportunity for the group to join together as a community in one of the countries most beautiful vacation areas. The Mattawa / Bonfield area is a true outdoor playground. Champlain Provincial Park, where the long races will start, has over 200 campsites. As with all Ontario parks, the sites are clean and well serviced with showers and laundry facilities. The campsites are on a lake with a beach and within walking distance of the start line. Within the boundaries of the park is the Canadian Ecology Center. They have cabins for rent which sleep four to six in a one-room community living area. There is a shower and bathroom in each cabin with fridge, sink, coffee maker and internet hook up. We currently have 12 of these cabins set aside but I expect them to be snapped up quickly. Approximately 6 minutes drive from the race start is a private set of cabins that can also be rented by the week. The Lauberge cabins (http://www.lauberge.ca) are nestled in the woods and ideally situated for families. There is a sand beach with playground facilities, boats and a dock. Great view of the boats going by during the race. Time is of the essence for all of these facilities. We are coming into Mattawa at the peak of the tourist season. I can only hold our place at the Ecology center and campground until the middle of February, after that you will be competing with the general public for campsites and cabins. Start thinking about nationals now and when your registration package comes in Jan consider joining us!

FOR FUN: If all this racing isn't enough the Canadian Nationals are just one event in Outdoor Adventure week. Saturday, July 22 will be the National Mountain Bike Championships. Sunday and Monday (July 23/24) will be the first National GPS Championships – a modern form of orienteering. You may want to participate in one of these events as a crossover event. Mattawa hosts Voyageur Days on July 27-29th. This not only means lots of spectators for our finishes in Mattawa but a carnival type event for families to enjoy in the evenings with live music and rides. On Wed July 26 we will have a bonfire in the evening for everyone staying at the park or ecology center with toasting marshmallows, guitars and a sing a long. On Thursday evening we hope to take a flotilla of boats lit up with lamps through downtown Mattawa. This colorful spectacle will add to our visibility and be a lot of fun.

THE PRIZES: The awards will represent the area we are in. Prizes will feature the work of three local artisans, a painter, a potter and a wood carver. At the banquet two draws will be held for grand prizes. One draw will be based on a top three finish in any class, the other will be open to all registered paddlers.

THE VALUE: This is perhaps the best deal in canoe registration history. Registration for the XTREME Nationals, which will include four days of racing, Canadian Nationals banquet Friday night, North Bay to Mattawa banquet on Saturday night and an event T-shirt will be \$90 for an individual paddler. You may also register for the Canadian Nationals, excluding the Mattawa race. Your \$50 fee will include an event T-shirt and the Friday night banquet. There will be special rates for students and families.



The only thing missing from this event is you. We want to make this the best nationals possible. Paddlers can bring the whole family. This introductory letter is just the beginning. We will have the website up and running by the end of the year which will be a constant source of up to date information for you. If you would like to receive an email when the site is up and running please send your address to karivers@odyssey.on.ca and I will

be happy to add you to the nationals email list. Paddlers on the list will receive registration information as soon as it finalized.

Deadlines to remember –

Feb 15, 2006 – To reserve a cabin at the Ecology center or a campsite in the area with other marathon paddlers

May 15, 2006 – To reserve a boat for paddling if you would like the nationals to arrange a boat for you

June 15, 2006 – Close of pre-registration for the combined event (XTREME Nationals) and end of discounted registration fee.

Proposed Schedule 2006 Nationals

	Start Time	Race Number	Event	Distance
Wednesday, July 26	10:00 AM	W1	C2 Mixed Senior and Master	20 km
	10:10 AM	W2	C2 Mixed Junior	15 km
	10:20 AM	W3	C2 Mixed Recreational All Ages	15 km
	10:30 AM	W4	K2 Mixed Recreaional All Ages	15 km
	10:40 AM	W5	K2 Mixed ICF All Ages	20 km
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	1:30 PM	W6	C2 Juvenile	5 km
	1:40 PM	W7	C2 Bantam	3 km
	2:30 PM	W8	Adult Mixed North Canoe	3 km
	2:45 PM	W9	Youth North Canoe	3 km
Thursday, July 27	9:00 AM	T1	C1 Women's Senior and Masters	15 km
	9:05 AM	T2	C1 Women's Junior	15 km
	9:10 AM	T3	C2 Men's Junior	15 km
	9:15 AM	T4	C2 Men's Senior and Masters	20 km
	9:20 AM	T5	C1 Women's Recreational/Stock	15 km
	9:25 AM	T6	C2 Men's Recreational	15 km
	9:30 AM	T7	K1 Women's Recreational	15 km
	9:35 AM	T8	K2 Men's Recreational	15 km
	9:40 AM	T9	K1 Women's ICF	15 km
	9:45 AM	T10	K2 Men's ICF	20 km
	1:00 PM	T11	Generation Gap - Junior	5 km
	1:10 PM	T12	Generation Gap - Juvenille	5 km
	1:20 PM	T13	Generation Gap - Bantam	3 km
	2:00 PM	T14	North Canoe Men's	3 km
	2:15 PM	T15	North Canoe Women's	3 km
Friday, July 28	9:00 AM	F1	C1 Men's Senior and Masters	15 km
	9:05 AM	F2	C1 Men's Junior	15 km
	9:10 AM	F3	C2 Women's Junior	15 km
	9:15 AM	F4	C2 Women's Senior and Masters	20 km
	9:20 AM	F5	C1 Men's Recreational/Stock	15 km
	9:25 AM	F6	C2 Women's Recreational	15 km
	9:30 AM	F7	K1 Men's Recreational	15 km
	9:35 AM	F8	K2 Women's Recreational	15 km
	9:40 AM	F9	K1 Men's ICF	15 km
	9:45 AM	F10	K2 Women's ICF	20 km
	12:00 PM	F11	C1 Juvenile	5 km
	12:10 PM	F12	C1 Bantam	3 km